

Men's Health with Hormosan


Dear patient,

Potency disorders are one of the problems that many affected men are reluctant to talk about. The good news, though, is the condition is treatable. You have received a product from the pharmacy with the active ingredient Sildenafil made by Hormosan. Below you will find a brief overview of the correct intake as well as information on the mode of action and duration of action.

Potency disorders

Drug therapy is the most common form of treatment for erectile dysfunction and in most cases consists of the administration of phosphodiesterase (PDE)-5 inhibitors. These all act via the same mechanism, but differ in terms of their pharmacokinetic properties such as onset of action and duration of action.

Important: Sildenafil can only work if there is sexual stimulation.

Product	<p>Sildenafil-Hormosan 50 mg / 100 mg FTA</p> 
Intake	Approx. 30-60 minutes prior to engaging in sexual activity
Recommended dose	The recommended dose is 50 mg. The actual dose can be between 25 mg and 100 mg.
Adjusting the dose	Only take the dose recommended by your doctor!
Frequency of use	Dose adjustment possible due to divisibility*
Onset of action after	Do not use more than 1 x daily
Sexual intercourse possible within	30-60 minutes
When taken with food	4-6 hours
Contraindications#	Eating a rich meal along with the medication may delay the onset of action.
Side effects# vc = very common c = common	The presence of severe cardiovascular disease, severe hepatic impairment, hypotension, a recent stroke or myocardial infarction, degenerative retinal disease, a combination with nitrates, NO donors or HIV protease inhibitors.
What else is recommended	Headache (vc), dizziness (c), skin redness (c), dyspepsia (c), nasal congestion (c), impaired vision (c)
What else is recommended	<ul style="list-style-type: none"> • Smokers should definitely quit. Often erectile dysfunction disappears after quitting smoking without medication. • If erectile dysfunction can be attributed to a disease such as diabetes or arteriosclerosis, the underlying disease should be treated according to the treatment guidelines, as this can prevent the erectile dysfunction from worsening. • Studies have found that regular exercise can improve blood flow to the penis. • If erectile dysfunction occurs as a side effect of long-term medication, seek an alternative form of medication together with your doctor. Under no circumstances should such medicines be discontinued arbitrarily and without consulting a doctor.

* Sildenafil-Hormosan 50 mg and 100 mg are authorised for division.
Joachim Framm et al.: Arzneimittelprofile für die Kitteltasche – Wirkstoffbezogene Beratungsempfehlungen für die Pharmazeutische Betreuung, 6th edition, 2018, Deutscher Apotheker Verlag, Stuttgart

For detailed information, see the package leaflet.

More information available at: www.männersache-hormosan.de